

Member Perk Series

As a part of your Osher membership fee, you are invited to attend our special Monday afternoon events for no extra cost. You may find these on our website at www.learn.colostate.edu/osher or call (970) 491-7753 to have a copy mailed to you.

Lectures – RSVP to (970) 491-7753

- Monday, September 21, 2009; 3:30 - 5:00 p.m.
Colorado Welcome Center
“World Economics” – Professor L.S. Fan, Department of Economics, Modern Economics
- Monday, October 19, 2009; 3:00 - 4:30 p.m.
University Center for the Arts
An organ performance and an explanation of how the organ works – Professor Joel Bacon, Department of Music, Theatre and Dance
- Monday, November 16, 2009; 3:00 - 4:30 p.m.
Colorado Welcome Center
Recent Research on Alzheimer’s – Professor Paul Bell,
Department of Psychology
- Monday, December 14, 2009; 3:00 - 4:30 p.m.
Colorado Welcome Center
Forensic Entomology – Professor Boris Kondratieff,
Department of Bioagricultural Sciences and Pest Management

Tours – RSVP at 970-988-5823 or email Stacy.grant@colostate.edu. Location will be announced when you register.

- Monday, October 5, 2009; 2:00-4:00 p.m.
Hughes Highlights tour at the Stadium
Get a behind-the-scenes tour of Sonny Lubick Field at Hughes Stadium! We will begin at 2:00pm with a visit to the Press Box, club-level suites and seating, and the coaches boxes; next, we’ll continue onto the field and through the locker room and training areas! Experience this state-of-the-art NCAA athletic facility that’s located in our own backyard!
- Monday, November 2, 2009; 2:00-4:00 p.m.
Discovering Healthy Lifestyles
Presentation on Neuromuscular Aging
Tour of Clinical and Research Laboratories

Dr. Brian Tracy, Neuromuscular Function Laboratory

Dr. Tracy’s research interests focus on the effects of training interventions on the neuromuscular system of elderly adults, neural mechanisms that underlie changes in the strength and steadiness of muscle contractions with aging, and sarcopenia and frailty in older adults. His work, funded by the National Institute on Aging, is performed on young and elderly humans in both cross-sectional comparisons and longitudinal interventions.

Dr. Benjamin Miller, Skeletal Muscular Laboratory

Studies both healthy skeletal muscle and the deterioration of skeletal muscle with age. The primary goal of our research is to determine the causes of age-related decreases in muscle size and strength (sarcopenia), and how to slow that progression or reverse it. We focus on non-pharmaceutical interventions of exercise and nutrition to obtain these goals.

Dr. Chris Bell, Integrative Biology Laboratory

Dr. Bell's current research interests include the regulation of energy expenditure by the sympathetic nervous system, and how this is influenced by aging, habitual exercise, molecular and genetic properties of beta-adrenergic receptors, and oxidative stress.

Dr. Frank Dinunno, Human Cardiovascular Physiology Laboratory (HCPL)

Dr. Dinunno's research interests include: 1) the interactions between the sympathetic neural vasoconstrictor and the local metabolic vasodilator systems in the control of vascular tone in humans; (2) the effects of aging on vascular control during various stressors (e.g., exercise, hypoxia); and (3) the role of lifestyle and/or behavioral factors in attenuating (or possibly reversing) some of the detrimental changes that occur in the cardiovascular system as humans age.

- Monday, December 7, 2009; 2:00 – 4:00 p.m.
TBD